

Nicholas Simpson,
Counseling MA, LPC

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Broomfield, CO 80020
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Personal/Contact Info:

Client Name: _____ Date: _____
Date of Birth: _____, Gender (M/F): _____
Spouse or Child's Name (if client): _____ DOB: _____
Address/ City/ Zipcode: _____
Phone:(h) _____, (w) _____, (c) _____
Email: _____, Private or Shared? _____
Nearest Relative Not Living With You: _____
Their Address and Phone #: _____
Emergency Contact: _____, Relationship: _____
Emergency Contact's Address: _____
Their Phone: (h) _____ - _____ - _____, (c) _____ - _____ - _____, (w) _____ - _____ - _____
Referred to me by: _____

During our first few sessions I would like to have a chance to get to know you and learn what things you wish to focus on during our time together. I consider aspects of your life that may not seem directly connected to counseling, but that may be relevant later. The information requested below may assist me when considering things that may help your progress toward your goals.

Personal Background:

Ethnic/Cultural background: _____
Current Spiritual/Religious identification: _____
Previous Counseling (Dates Received) _____, For? _____
Previous Psychological Evaluation? (Y/N) _____, Date & Diagnosis: _____
Current involvement in legal actions? (Y/N) _____, Regarding? _____

Living Situation:

Marital status (check all that apply): Single, Living with a partner, Married
 Separated, Divorced, Widowed
Who do you live with? (Provide all Names & your Relation to each person)
_____, _____
_____, _____
_____, _____

Employment:

Employment status (check all that apply): Full-time Student, Part-time Student
 Unemployed, Homemaker, Retired/Pensioner, Receiving Government Assistance
 Working 30+ hours per week, Working less than 30 hours per week

Occupation (current or past): _____

Employer: _____, Address: _____

Approximate Annual Household Income: _____

Current Hobbies/Interests: _____

Health History:

Current Health Concerns: _____

Current Medications: _____

Name of Your Physician: _____ Phone: _____

Physician's Practice Name & Address: _____

Additional Doctors prescribing medication to you: _____

Frequency & Types of Exercise? _____

Date of last Medical Check-up: _____

Substance Use History:

How many units of alcohol do you have per week (beer/glass of wine/shot)? _____

Drugs you have used in the past 6 months: _____

Have you ever been treated for Substance Dependence or Addiction? (Y/N) _____

Mental Health History:

Have you ever thought about physically harming yourself or committing suicide? _____

Do you currently have these thoughts? _____

Have you ever thought about physically harming other people? _____

Do you currently have these thoughts? _____

Do you currently feel threatened or in danger of being physically or emotionally harmed by another person? _____

Other Information

What else might be helpful for me to know?

What is your reason for seeking counseling at this time?

What do you hope to accomplish by participating in therapy?